



# **LEGAL LITERACY CELL**



**PRATAP PUBLIC SCHOOL**  
Jarnailly Colony, Karnal

In compliance with the directions issued by the District Education Officer, Karnal and instructions of District Legal Services Authority (DLSA), Karnal, the Legal Literacy Cell of Pratap Public School, Jarnailly Colony, Karnal is hereby constituted for the session 2025–26.

The composition of the Legal Literacy Cell shall be as follows:

1. Ms. Kanika Malhotra      **Principal**
2. Mr. Parveen Kumar      **Cell Incharge**
3. Mrs. Meenakshi Dhingra      **Member**
4. Mr. Rajeev Rai      **Member**
5. Dr. Mini Dhawan      **Member**

#### **Student Representative**

1. Divyansh Chawla      (Class XII Com. A)
2. Tanushi Jain      (Class XII Humanities A)
3. Bhuvi      (Class XI Humanities A)
4. Jaskirat Singh      (Class XI Com. A)
5. Chitranshi      (Class X D)
6. Ashutosh      (Class X E)

## **Objectives of the Legal Literacy Cell**

- \* To promote legal awareness among students.
- \* To conduct awareness programmes on Child Rights, POCSO Act, Cyber Safety, Anti-Drug awareness, Consumer Rights and Legal Aid Services.
- \* To observe important legal awareness days.
- \* To coordinate with District Legal Services Authority (DLSA), Karnal for legal literacy activities.
- \* To maintain proper record of meetings and activities conducted.

The Legal Literacy Cell shall function with immediate effect and submit periodical activity reports to the school administration.

Principal

(Signature & School Stamp)

## **ORIENTATION: Topic: Legal Awareness for Students- Know Your Rights, Know Your Duties**

Legal literacy means understanding our rights, duties and the laws that protect us. Law is not only for courts and lawyers. Law is for every citizen — including students like you.

### **Why Legal Awareness is Important ?**

If we know our rights:

- \* No one can exploit us.
- \* We can protect ourselves.
- \* We can help others.
- \* We become responsible citizens.

Ignorance of law is not an excuse. Therefore, awareness is power.

### **Child Rights**

Every child in India has basic rights:

- \* Right to Education
- \* Right to Protection
- \* Right to Participation
- \* Right to Survival

You have the right to:

- \* Study in a safe environment
- \* Be treated with dignity
- \* Be protected from abuse
- \* Express your opinions respectfully

### **POCSO Act (Protection of Children from Sexual Offences)**

This law protects children under 18 from sexual abuse and harassment.

Important points:

- \* Any inappropriate touch is wrong.
- \* No one has the right to threaten or misuse you.
- \* If anything uncomfortable happens, immediately inform:
  - \* Parents
  - \* Teacher
  - \* School Counselor
  - \* Principal

Remember: Silence encourages the offender. Speaking up protects you.

## **Cyber Safety**

In today's digital world:

- \* Never share OTP or passwords.
- \* Do not share personal photos online.
- \* Avoid talking to strangers on social media.
- \* Report cyberbullying immediately.

Think before you click.

## **Anti-Drug Awareness**

Drugs destroy:

- \* Health
- \* Career
- \* Family life

Say NO to:

- \* Tobacco
- \* Alcohol
- \* Drugs

One wrong step can affect your entire future.

## **Legal Aid Services**

If anyone cannot afford a lawyer, the government provides \*free legal aid services\* through Legal Services Authorities.

Justice is a right, not a privilege.

## **Duties of Students**

Along with rights, we have duties:

- \* Respect teachers and parents
- \* Follow school rules
- \* Respect women and girls
- \* Avoid violence and bullying
- \* Promote discipline

A good citizen knows both rights and responsibilities.

## **Let us promise today:**

- \* To be aware
- \* To be responsible
- \* To stand against injustice
- \* To help others

Legal literacy makes us strong, confident and responsible citizens.

Thank you.

# LEGAL LITERACY OATH

I, \_\_\_\_\_, solemnly pledge that:

-  I will respect the Constitution and laws of India.
-  I will be aware of my rights and duties as a responsible student and citizen.
-  I will stand against injustice, bullying and discrimination.
-  I will promote equality, discipline and respect in my school and society.
-  I will spread legal awareness among my friends and community.
-  I will follow the path of honesty, integrity and responsibility.

I take this oath sincerely and promise to uphold these values.

\*Legal Awareness is Power\*



# ACTIVITIES CONDUCTED

## **Workshop on Gratitude: Cultivating a Thankful Mindset 23/5/2025**

A special workshop on Gratitude was organized for Grade VII & VIII students to help them to reflect on the importance of appreciation in daily life in Pratap Public School, Jarnailly Colony, Karnal. The session was conducted by Ms Garima and Mr Jatin Grover, a CEO & founder of Sundior Technology Private Ltd., who engaged the students in interactive and reflective activities. It concluded with a group reflection, where students promised to practice gratitude daily and be more mindful of the good things in their lives.

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#WorkshopOnGratitude



## **Workshop Report: Digital Literacy and Cyber Crime 10/07/2025**

**On July 10, 2025, Pratap Public School, Jarnailly Colony, organized a workshop on "Digital Literacy and Cyber Crime" for its students of Grade9 . The workshop was conducted by two esteemed resource persons: Ms. Manjula Sularia, a Life Skills Coach and Social Entrepreneur, and Ms. Vinita Shah, a Certified POSH trainer.**

**The primary objective of the workshop was to educate students about the importance of digital literacy and the potential risks associated with cybercrime. The workshop through student - centric discussions and real -life examples equipped the students with the knowledge and skills necessary to navigate the digital world safely and responsibly.**

**The workshop covered various topics, including:**

- Digital Footprint: Understanding the concept of digital footprint and its implications.**
- Cyberbullying: Recognizing the signs of cyberbullying and strategies to prevent it.**
- Online Safety: Best practices for online safety, including password management and secure browsing.**
- Cyber Crime: Understanding the different types of cybercrime and how to report incidents.**

**The workshop was a huge success, and students were benefitted greatly from the interactive session. The school's effort to educate students about digital literacy,cyber grooming,cyber dating,cyber-crime and internet addiction will undoubtedly have a positive impact on their online behaviour and safety.**

**Director Mrs Poonam Navet presented a sapling to the resource persons as a token of appreciation and conveyed heartfelt gratitude for their invaluable insights.**

**By organizing such workshops, Pratap Public School demonstrates its commitment to providing students with a well-rounded education that includes essential life skills and knowledge.**

**PRATAP PUBLIC SCHOOL**  
JARNAILLY COLONY, KARNAL

**SESSION ON**  
**DIGITAL LITERACY &**  
**CYBER CRIME**

**Resource Persons:**

**Ms MANJULA SULARIA** (Life Skills Coach & Social Entrepreneur)

**Ms VINITA SHAH** (Certified POSH trainer)

Thursday, 10th July, 2025



## **"Growing Minds, Changing Bodies" 14/7/2025**

A workshop titled "Growing Minds, Changing Bodies" was organized for Grade V students to help them understand the natural physical and emotional changes that occur during adolescence. The session addressed common developments such as growth spurts, changes in body structure, and mood swings, while also guiding students on how to manage these changes with confidence, personal hygiene, and a positive mindset.

The session was conducted by School Counsellor, Dr. Shikha Tyagi and Ms Dimple under the guidance of Incharge, Ms. Fozia Wani.

Through age-appropriate discussions and interactive activities, students were encouraged to embrace this phase of growth with self-awareness and openness.

We sincerely thank all the parents for their support in making this initiative meaningful and impactful.



Understanding the changes



**GROWING MINDS**  
**CHANGING BODIES**

TRANSFORM YOUR MIND AND BODY  
YOU!

# **Poster/Placard Making Competition Instructions**

**25/08/2025**

**Topic: “Towards a Tobacco-Free Generation”**

**Date of Submission: 27th August**

**Participants: Students of Classes VII to X**

## **Instructions:**

- 1. Students have to make the poster/placard from home.**
- 2. The size of the poster/placard must be A3.**
- 3. Use creative ideas, colours, and slogans to convey the theme effectively.**
- 4. The completed poster/placard should be submitted in the Art Room to Ms.Manisha / Mr. Lakhwinder by tomorrow (1st Period)**
- 5. Students must write their name, class, and section on the back of the poster/placard.**
- 6. Late submissions will not be accepted.**



## **Pratapians Champion Tobacco-Free Generation Through Street Plays 28/08/2025**

**"Killing tobacco before it kills us is the duty of every generation."**

**With this strong resolve, Pratapians actively participated in the nationwide campaign "Towards a Tobacco-Free Generation", launched by the Directorate of School Education and Literacy. Their impactful Nukkad Natak, staged at the Mini Secretariat and Court Compound, engaged officials, employees, and the public alike, powerfully conveying the urgent need for raising a tobacco-free generation.**

**On this occasion, students and teachers had the privilege of meeting SDM Mr. Abhinav Mehta and the City Magistrate, who commended their spirited performance. In a gesture of goodwill, students also shared smileys with the ASP and police personnel, symbolizing gratitude and community solidarity.**

**The initiative not only spread wide awareness but also reaffirmed the school's unwavering commitment to building a healthier, more responsible future.**

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**#TobaccoFreeIndia**



## **Mental Health & Wellness Week 2025**

**10/10/2025**

### **Theme: Happy Minds, Healthy Hearts**

**At Pratap Public School, students from Grades I–VI spent the week celebrating mental health, mindfulness, and emotional well-being. The week was filled with joyful activities like Happy Walks, Gratitude Trees, Yoga Sessions, and Mindful Games, each designed to help children pause, reflect, and find happiness in the little things.**

**Through laughter, relaxation, and teamwork, our young learners discovered that a healthy mind leads to a happy heart. The classrooms buzzed with positivity, kindness, and gratitude — reminding everyone that mental wellness begins with self-care and compassion.**

**♥ The highlight of the week was a simple yet powerful pledge:**

**“I promise to take care of my mind and body, and spread happiness around me.”**

**Together, we are building a community where every child learns to think positively, feel deeply, and live mindfully.**



## **E-Waste Collection Drive 14/11/2025**

**Pratap Public School, Junior Wing, proudly organised an E-Waste Collection Drive on the occasion of Children's Day. The initiative aimed to instill environmental awareness and responsible habits among young learners.**

**To strengthen the message, the students also presented a powerful Nukkad Natak highlighting the harmful effects of electronic waste and the importance of proper recycling.**

**Students and staff then took a pledge to keep the Earth free from toxic e-waste by reducing, reusing and responsibly disposing of unused gadgets. Children actively contributed by bringing old chargers, wires, batteries, and broken electronic items from home, making the drive a meaningful success.**

**The celebration beautifully blended learning with action, reminding us that small steps taken today can create a healthier tomorrow.**

** Together, we took a step towards protecting our Earth.**

** Let's continue to reduce, reuse, and recycle for a cleaner, greener future!**

**PRATAP PUBLIC SCHOOL, KARNAL**

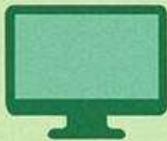
# **E-WASTE COLLECTION DRIVE**

**'Clean the Planet, Clean the Earth!'**



**Join the Green Movement!**

This Children's Day – 14th November,  
let's take a pledge to protect our  
planet and reduce electronic waste.



**Let's dispose the e-waste**

Old chargers • Wires • Batteries  
Broken gadgets



**Date: 14th November 2025**



**Together we can  
make a difference!**



**Dispose responsibly. Recycle wisely. Protect our planet!**

## **Constitution Day 26/11/2025**

**Pratap Public School , Jarnailly Colony, Karnal observed National Constitution Day on 26th November 2025 through a series of meaningful activities aimed at strengthening students' understanding of the values enshrined in the Indian Constitution. The programme commenced with a collective reading of the Preamble, giving students an opportunity to reflect on its guiding principles and the vision it sets for the nation.**

**To enrich this learning, Kushansh of Class VII–C delivered an enriching speech on constitutional values, highlighting their relevance in everyday life and the sense of responsibility they inspire in every citizen.**

**Further, the Social Science Department organised interactive classroom activities, debate and quizzes, enabling students to engage deeply with constitutional themes.**

**The observance throughout the day effectively reinforced the spirit of justice, liberty, equality, and fraternity, helping students appreciate the foundational ideals that uphold our democracy.**

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**#ConstitutionDay**



**Narcotics Awareness: Educating Students for a Safer  
Tomorrow 9/12/2025**

**A special awareness session on narcotics was held to educate students about the harmful effects of drug use and substance abuse. Dr. Saubhagya S. Kaushik addressed the students and highlighted the health risks, social consequences, and effective ways to resist peer pressure. The session was highly informative and encouraged students to make responsible and informed life choices.**

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# PRATAP PUBLIC SCHOOL

## SAY

# N



# TO DRUGS

## SAY

# YES TO HEALTHY LIVING

*Be responsible, play your part to make society Drug free*



## **Human Rights Day: Celebrating Rights, Strengthening Voices 10/12/2025**

**The school observed Human Rights Day with an inspiring speech, a colourful poster parade highlighting Human Rights, and a thought-provoking short skit on the importance of equality and dignity for all. The celebration encouraged students to understand their responsibilities as global citizens and to stand up for justice and compassion in society.**

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**#HumanRightsDay**



# **Report on Career Guidance and Counselling Session 6/12/2025**

Class: X

Date: 6 December 2025

Venue: Hall of Fame

Pratap Public School, Jarnailly Colony, Karnal organized a Career Guidance and Counselling Session for the students of Class X on 6 December 2025 in the school auditorium. The session aimed to guide students at this crucial stage of subject selection and career planning, helping them make informed and confident decisions about their future.

**Resource Persons** The session was conducted by esteemed speakers:

Mr. Rajeev Rai

Mr. Arvind Gupta

Mr. Sanjay Kumar

Dr. Mini Dhawan

Each speaker shared valuable insights from their professional experience and provided practical guidance to the students.

## **Objectives of the Session**

- \* To provide clarity about various academic streams after Class 10.
- \* To help students understand the importance of choosing subjects based on aptitude and interest.
- \* To introduce students to diverse career opportunities in traditional and emerging fields.
- \* To reduce confusion, stress, and peer pressure related to career decisions.
- \* To encourage goal setting, skill development, and future planning.

## **Highlights of the Session**

The program began with a welcome address by the school authorities, who emphasized the significance of early career planning. The speakers elaborated on the three major streams available after Class 10:

**Science Stream**Careers in Engineering, Medical Sciences, Research, Information Technology, Biotechnology, and Defence Services were discussed. Students were informed about competitive examinations and preparation strategies.

**Commerce Stream**The speakers explained opportunities in Accounting, Chartered Accountancy, Business Management, Banking, Finance, Economics, Entrepreneurship, and Corporate sectors.

**Arts/Humanities Stream**Students were guided about careers in Civil Services, Law, Psychology, Journalism, Mass Communication, Design, Social Work, Teaching, and Public Administration.

Speakers particularly highlighted the importance of mental well-being, self-awareness, and confidence while choosing a career path. The speakers also emphasized emerging career options such as Artificial Intelligence, Data Science, Digital Marketing, and Start-ups.

### **Interactive Session**

An engaging question-and-answer round was conducted where students actively participate and clarified their doubts regarding:

- \* Subject combinations
- \* Career scope and salary prospects
- \* Preparation for competitive examinations
- \* Balancing academics with extracurricular activities

The interaction made the session more meaningful and student-centered.

### **Outcome of the Session**

The session proved to be highly informative and motivational. Students gained clarity about different streams and career opportunities. They expressed increased confidence in making decisions about their future academic paths.

The Career Guidance and Counselling Session conducted at Pratap Public School, Jarnailly Colony, Karnal on 6 December 2025 was a great success. It provided valuable direction to Class X students at a crucial stage of their academic journey. The school looks forward to organizing similar sessions in the future to support students in achieving their career aspirations.



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JARNAILLY COLONY, KARNAL

## Career Counselling Session

Saturday, 6<sup>th</sup> December 2025.